


March 2020

King-Bruwaert House Community Lifestyle Community Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| <p>🕒 10:00 Church Service, <i>GL</i> ❤️ 1:30 Get "In the Mood" Day, <i>GL</i></p> | <p>🕒 9:15 Chair Ex., <i>RR</i> 🕒 9:15 Easy Does It, <i>FIT</i> ❤️ 9:30 Music w/Larry, <i>HC</i> 🕒 10:00 Standing Ex., <i>WS</i> 🕒 1:00 Bridge Group, <i>CD</i> 🕒 1:30 Horticulture, <i>GR</i> 🕒 1:30 Men's Bridge, <i>W</i> ❤️ 1:30 Room Visits, <i>RW</i> 🕒 2:30 Current Events, <i>LIB</i> ❤️ 3:30 Cart Visits, <i>RW</i> 🕒 3:30 House Residents Mingle, <i>K</i></p> | <p>🕒 9:00 Bible Study, <i>W</i> 🕒 9:15 Easy Does It, <i>FIT</i> 🕒 9:30 Catholic Mass, <i>C</i> 🕒 10:15 Chair Ex., <i>RR</i> 🕒 11:15 Bible Study, <i>RR</i> ❤️ 1:30 Art with Mark-\$, <i>WS</i> 🕒 1:30 LCR Dice Game, <i>K</i> ❤️ 1:30 Room/Cart Visits, <i>RW</i> 🕒 2:00 iPad Class, <i>B</i> 🕒 2:30 Conversational Spanish, <i>MDR</i> ❤️ 3:30 Sing-a-Long, <i>RWDR</i> 🕒 4:00 Social, <i>K</i></p> | <p>🕒 8:00 Adorables, <i>WS</i> 🕒 9:15 Easy Does It, <i>FIT</i> 🕒 10:00 Standing Ex., <i>WS</i> 🕒 10:15 Chair Ex., <i>RR</i> 🕒 1:30 Truth or Blarney?, <i>K</i> 🕒 2:30 Room/Cart Visits, <i>RW</i> 🕒 2:30 Yoga, <i>RR</i> 🕒 3:30 Bingo, <i>K</i> 🕒 3:30 Friendly Visits, <i>RW</i></p> | <p>🕒 9:15 Easy Does It, <i>FIT</i> 🕒 10:15 Chair Ex., <i>RR</i> ❤️ 1:15 Inspirational Movie, <i>GL</i> 🕒 1:30 Friendly Visits, <i>RW</i> 🕒 3:30 Cart Visits, <i>RW</i> 🕒 4:00 Bistro Book Club Kick Off, <i>B</i> 🕒 4:00 Social, <i>K</i></p> | <p>🕒 9:15 Horticulture/Craft, <i>RWDR</i> 🕒 9:15 Easy Does It, <i>FIT</i> 🕒 10:00 Standing Ex., <i>WS</i> 🕒 10:15 Chair Ex., <i>RR</i> 🕒 1:30 Brain Quest: Millionaire, <i>K</i> 🕒 1:30 Friendly Visits, <i>RW</i> 🕒 2:30 Holy Rosary, <i>C</i> 🕒 2:30 Short Stories, <i>K</i> 🕒 3:30 Bingo, <i>K</i></p> | <p>❤️ 8:00 Salon Muir Open 8am-2pm, <i>SM</i> 🕒 10:15 Chair Ex., <i>RR</i> ❤️ 1:15 Movie: Sweet Land, <i>T</i></p> |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| <p>🕒 10:00 Church Service, <i>GL</i> ❤️ 1:30 Sunday Matinee, <i>T</i></p>  | <p>🕒 9:15 Chair Ex., <i>RR</i> 🕒 9:15 Easy Does It, <i>FIT</i> ❤️ 9:30 Music w/Larry, <i>HC</i> ❤️ 9:45 Chicago Botanical Garden Orchid Show-\$, <i>O</i> 🕒 10:00 Standing Ex., <i>WS</i> 🕒 10:30 Catholic Comm, <i>C</i> 🕒 1:00 Bridge Group, <i>CD</i> 🕒 1:30 Horticulture, <i>GR</i> 🕒 1:30 Men's Bridge, <i>W</i> ❤️ 1:30 Room Visits, <i>RW</i> 🕒 2:30 Funny News, <i>LIB</i> ❤️ 3:30 Cart Visits, <i>RW</i> 🕒 3:30 House Residents</p> | <p>🕒 8:30 Breakfast Forum, <i>GL</i> 🕒 9:00 Bible Study, <i>W</i> 🕒 9:15 Easy Does It, <i>FIT</i> 🕒 10:15 Chair Ex., <i>RR</i> 🕒 10:30 Writer's Club, <i>WS</i> 🕒 11:15 Bible Study, <i>RR</i> ❤️ 1:00 Operation Warm Hearts, <i>W</i> ❤️ 1:30 Room/Cart Visits, <i>RW</i> ❤️ 2:00 Switchback Concert, <i>GL</i> 🕒 3:30 What's In A Word?, <i>RWDR</i> 🕒 4:00 Social, <i>K</i></p> | <p>🕒 8:00 Adorables, <i>WS</i> 🕒 9:15 Easy Does It, <i>FIT</i> 🕒 10:00 Standing Ex., <i>WS</i> 🕒 10:00 UCC Blessing, <i>HC</i> 🕒 10:15 Chair Ex., <i>RR</i> 🕒 1:30 Jeopardy!, <i>K</i> 🕒 2:30 Room/Cart Visits, <i>RW</i> 🕒 2:30 Yoga, <i>RR</i> 🕒 3:30 Bingo, <i>K</i> 🕒 3:30 Friendly Visits, <i>RW</i></p> | <p>🕒 9:15 Easy Does It, <i>FIT</i> 🕒 9:30 Men's Coffee, <i>W</i> 🕒 10:15 Chair Ex., <i>RR</i> ❤️ 1:30 Girl Scout Day, <i>K</i> 🕒 1:30 Friendly Visits, <i>RW</i> 🕒 2:30 Art History with Anji, <i>K</i> 🕒 3:30 Cart Visits, <i>RW</i> 🕒 4:00 Social, <i>K</i></p> | <p>🕒 9:15 Horticulture/Craft, <i>RWDR</i> 🕒 9:15 Easy Does It, <i>FIT</i> 🕒 10:00 Standing Ex., <i>WS</i> 🕒 10:15 Chair Ex., <i>RR</i> ❤️ 11:00 Pet Visits, <i>AU</i> 🕒 1:30 Brain Quest: Millionaire, <i>K</i> 🕒 1:30 Friendly Visits, <i>RW</i> 🕒 2:30 Holy Rosary, <i>C</i> 🕒 2:30 Short Stories, <i>K</i> 🕒 3:30 Bingo, <i>K</i></p> | <p>❤️ 8:00 Salon Muir Open 8am-2pm, <i>SM</i> 🕒 10:15 Chair Ex., <i>RR</i> ❤️ 1:15 Movie: After the Wedding, <i>T</i></p> |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| <p>🕒 10:00 Church Service, <i>GL</i> ❤️ 2:00 Jeffrey Deutsch, <i>GL</i></p> | <p>🕒 9:15 Chair Ex., <i>RR</i> 🕒 9:15 Easy Does It, <i>FIT</i> ❤️ 9:30 Music w/Larry, <i>HC</i> 🕒 10:00 Standing Ex., <i>WS</i> 🕒 10:30 Catholic Comm, <i>C</i> 🕒 1:00 Bridge Group, <i>CD</i> 🕒 1:30 Horticulture, <i>GR</i> 🕒 1:30 Men's Bridge, <i>W</i> ❤️ 1:30 Room Visits, <i>RW</i> 🕒 2:30 Current Events, <i>LIB</i> ❤️ 3:30 Cart Visits, <i>RW</i> 🕒 3:30 House Residents Mingle, <i>K</i></p> | <p>🕒 9:00 Bible Study, <i>W</i> 🕒 9:15 Easy Does It, <i>FIT</i> 🕒 10:15 Chair Ex., <i>RR</i> 🕒 11:15 Bible Study, <i>RR</i> 🕒 1:30 St. Patrick's Day Fun, <i>K</i> ❤️ 1:30 Art with Mark-\$, <i>WS</i> ❤️ 1:30 Room/Cart Visits, <i>RW</i> 🕒 2:30 Conversational Spanish, <i>MDR</i> ❤️ 3:30 Sing-a-Long, <i>RWDR</i> 🕒 4:00 Social, <i>K</i></p> <p>Happy St. Patrick's Day</p> | <p>🕒 8:00 Adorables, <i>WS</i> 🕒 9:15 Easy Does It, <i>FIT</i> 🕒 9:30 Music & Movement with Gail Ann, <i>HC</i> 🕒 10:00 Standing Ex., <i>WS</i> 🕒 10:15 Chair Ex., <i>RR</i> ❤️ 1:30 Bingo for Cash, <i>GL</i> 🕒 2:30 Room/Cart Visits, <i>RW</i> 🕒 2:30 Yoga, <i>RR</i> 🕒 3:30 Friendly Visits, <i>RW</i> 🕒 4:00 Wine Wednesday-\$, <i>B</i></p> | <p>🕒 9:15 Easy Does It, <i>FIT</i> 🕒 10:00 Current Events, <i>W</i> 🕒 10:15 Chair Ex., <i>RR</i> 🕒 1:30 Penny Ante Game, <i>K</i> 🕒 1:30 Friendly Visits, <i>RW</i> 🕒 2:30 Wellness Discussion: Food for the Brain, <i>T</i> 🕒 3:30 Cart Visits, <i>RW</i> 🕒 4:00 Social, <i>K</i></p> | <p>🕒 9:15 Horticulture/Craft, <i>RWDR</i> 🕒 9:15 Easy Does It, <i>FIT</i> 🕒 10:00 Standing Ex., <i>WS</i> 🕒 10:15 Chair Ex., <i>RR</i> 🕒 1:30 Brain Quest: Millionaire, <i>K</i> 🕒 1:30 Friendly Visits, <i>RW</i> 🕒 2:30 Holy Rosary, <i>C</i> 🕒 2:30 Short Stories, <i>K</i> 🕒 2:30 Special Tech Class, <i>W</i> 🕒 3:30 Bingo, <i>K</i></p> | <p>❤️ 8:00 Salon Muir Open 8am-2pm, <i>SM</i> 🕒 10:15 Chair Ex., <i>RR</i> ❤️ 1:15 Movie: The Blind Side, <i>T</i></p> |

March 2020

King-Bruwaert House Community Lifestyle Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|--|---|
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| <p> 10:00 Church Service, <i>GL</i></p> <p> 1:30 Music & Biography, <i>GL</i></p> | <p> 9:15 Chair Ex., <i>RR</i></p> <p> 9:15 Easy Does It, <i>FIT</i></p> <p> 9:30 Music w/Larry, <i>HC</i></p> <p> 10:00 Standing Ex., <i>WS</i></p> <p> 10:30 Catholic Comm., <i>C</i></p> <p> 1:00 Bridge Group, <i>CD</i></p> <p> 1:30 Horticulture, <i>GR</i></p> <p> 1:30 Men's Bridge, <i>W</i></p> <p> 1:30 Room Visits, <i>RW</i></p> <p> 2:30 Retro TV Trivia Game, <i>GL</i></p> <p> 3:30 Cart Visits, <i>RW</i></p> <p> 3:30 House Residents Mingle, <i>K</i></p> | <p> 9:00 Bible Study, <i>W</i></p> <p> 9:15 Easy Does It, <i>FIT</i></p> <p> 10:00 KB Book Club, <i>GL</i></p> <p> 10:15 Chair Ex., <i>RR</i></p> <p> 11:15 Bible Study, <i>RR</i></p> <p> 1:30 LCR Dice Game, <i>K</i></p> <p> 1:30 Room/Cart Visits, <i>RW</i></p> <p> 2:00 iPad Class, <i>B</i></p> <p> 2:30 Conversational Spanish, <i>MDR</i></p> <p> 3:30 What's In A Word?, <i>RWDR</i></p> <p> 4:00 Social, <i>K</i></p> | <p> 8:00 Adorables, <i>WS</i></p> <p> 9:15 Easy Does It, <i>FIT</i></p> <p> 10:00 Standing Ex., <i>WS</i></p> <p> 10:15 Chair Ex., <i>RR</i></p> <p> 1:30 National Medal of Honor Day, <i>K</i></p> <p> 2:30 Room/Cart Visits, <i>RW</i></p> <p> 2:30 Yoga, <i>RR</i></p> <p> 3:30 Bingo, <i>K</i></p> <p> 3:30 Friendly Visits, <i>RW</i></p> | <p> 9:15 Resident Council, <i>GL</i></p> <p> 10:15 Easy Does It, <i>FIT</i></p> <p> 10:15 Chair Ex., <i>RR</i></p> <p> 1:30 Friendly Visits, <i>RW</i></p> <p> 2:00 Womanlore: "Jane Addams", <i>GL</i></p> <p> 3:30 Cart Visits, <i>RW</i></p> <p> 4:00 Social, <i>K</i></p> | <p> 9:15 Horticulture/Craft, <i>RWDR</i></p> <p> 9:15 Easy Does It, <i>FIT</i></p> <p> 10:00 Standing Ex., <i>WS</i></p> <p> 10:15 Chair Ex., <i>RR</i></p> <p> 11:00 Pet Visits, <i>AU</i></p> <p> 1:30 Brain Quest: Millionaire, <i>K</i></p> <p> 1:30 Friendly Visits, <i>RW</i></p> <p> 2:30 Holy Rosary, <i>C</i></p> <p> 2:30 Short Stories, <i>K</i></p> <p> 3:30 Bingo, <i>K</i></p> | <p> 8:00 Salon Muir Open 8am-2pm, <i>SM</i></p> <p> 10:15 Chair Ex., <i>RR</i></p> <p> 1:15 Movie: Sunshine Boys, <i>T</i></p> |
| 29 | 30 | 31 | | MEETING PLACES | | DIMENSIONS OF WELLNESS |
| <p> 10:00 Church Service, <i>GL</i></p> <p> 1:30 Wheel of Fortune, <i>GL</i></p> | <p> 9:15 Chair Ex., <i>RR</i></p> <p> 9:15 Easy Does It, <i>FIT</i></p> <p> 9:30 Music w/Larry, <i>HC</i></p> <p> 10:00 Standing Ex., <i>WS</i></p> <p> 10:30 Catholic Comm., <i>C</i></p> <p> 1:00 Bridge Group, <i>CD</i></p> <p> 1:30 Horticulture, <i>GR</i></p> <p> 1:30 Men's Bridge, <i>W</i></p> <p> 1:30 Room Visits, <i>RW</i></p> <p> 2:30 Current Events, <i>LIB</i></p> <p> 3:30 Cart Visits, <i>RW</i></p> <p> 3:30 House Residents Mingle, <i>K</i></p> | <p> 9:00 Bible Study, <i>W</i></p> <p> 9:15 Easy Does It, <i>FIT</i></p> <p> 10:15 Chair Ex., <i>RR</i></p> <p> 11:15 Bible Study, <i>RR</i></p> <p> 1:30 Art with Mark-\$, <i>WS</i></p> <p> 1:30 LCR Dice Game, <i>K</i></p> <p> 1:30 Room/Cart Visits, <i>RW</i></p> <p> 2:30 Conversational Spanish, <i>MDR</i></p> <p> 3:30 Sing-a-Long, <i>RWDR</i></p> <p> 4:00 Social, <i>K</i></p> | | <p><i>GL</i> - Great Lounge</p> <p><i>RR</i> - Rose Room</p> <p><i>FIT</i> - Fitness Center</p> <p><i>HC</i> - Health Care</p> <p><i>WS</i> - Wellness Studio</p> <p><i>CD</i> - Card Room</p> <p><i>GR</i> - Garden Room</p> <p><i>W</i> - Woods Inn</p> <p><i>RW</i> - Rose Wing</p> <p><i>LIB</i> - Library</p> | <p><i>K</i> - Kimball Room</p> <p><i>C</i> - Chapel</p> <p><i>B</i> - Bistro</p> <p><i>MDR</i> - Main Dining Room</p> <p><i>RWDR</i> - Rose Wing Dining Room</p> <p><i>SM</i> - Salon Muir</p> <p><i>T</i> - Theater</p> <p><i>O</i> - Offsite</p> <p><i>AU</i> - All Units</p> | <p> Physical</p> <p> Spiritual</p> <p> Intellectual</p> <p> Emotional</p> <p> Social</p> |